

# Sport



## A level Physical Education (PE) / Level 3 BTEC Extended Certificate in Sport

### Introduction

#### A level PE

A level PE will be offered if there are enough students able to undertake the course. Achieving a grade 6 or more at GCSE. Delivered over 2 years and including AS and A2. Multiple units will be covered predominantly through theory lessons.

#### Level 3 BTEC Extended Certificate in Sport

BTEC Sport L3 will be for students who achieve a grade 3-6, this course is delivered over a two year academic period. The Level 3 BTEC Extended Certificate (formerly known as Subsidiary Diploma) requires learners to complete 4 units of work.

#### Equipment

All learners need to provide their own equipment including pens, pencils, paper and an A4 ring binder folder. A data stick and course textbook are also advisable. Suitable sports clothing is also required for practical sessions.

### Teaching and Assessment

The course is taught through a mixture of lessons, practical projects, presentations, educational visits and the completion of Unit Assignments.

**Assessment:** Each learner is assessed through written work and presentations.

#### External

#### Exams:

There are 2 written exams that are sat at the end of year 12, these must be passed to progress to year 13.



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## Specification at a glance

### **BTEC ASSESSMENT:**

Students are both internally assessed throughout the course with marks verified by teachers at Southborough. The changes to the curriculum mean that there are now 2 external written exams.

Distinction \*: equivalent to 'A\*' grades.

Distinction: equivalent to 'A' grades.

Merit: equivalent to 'C' grades.

Pass: equivalent to 'E' grades.

The specific practical and critical thinking skills that are developed throughout this course will equip students to enter a career into an increasingly broad range of sports related industries:

### **BTEC Entry Requirements:**

Grades 4 or above in GCSE PE.

However, a break down of GCSE P.E results is needed with a specific emphasis being on a good exam performance in the GCSE theory paper.

### **Previous knowledge required :**

Human anatomy and physiology.

Methods of training and fitness testing.

Students will need to achieve at least a grade 6 in GCSE PE in order to be considered for A Level PE

### **Aims of the BTEC Sport Course**

- Develop and progress an interest in sport, training, anatomy and careers in the fitness industry.
- Prepare students for a career in the fitness industry through a variety of theory and practical lessons.
- Develop previous knowledge on anatomy and physiology and relate it to fitness training and exercise.
- Provide students with the ability and skills to study independently and become self sufficient learners.
- To give students the experience of delivering lessons within a sporting context and gaining experience of coaching others.
- To encourage a passion and interest in fitness training, sport and coaching.
- Get students ready for further study in sport either at university or college.