

Personal Development and Well-Being

The main aims of Personal Development is to encourage each student to reflect on and make informed decisions about many of the challenging ethical and personal issues that they will face in the modern world. We endeavour to equip students with knowledge of the world around them and to provide a forum in which they can develop insight and good decision making skills. Personal Development involves a variety of teaching and learning styles, including independent research, small group and whole class discussions, role-play, demonstrations, DVD clips, practical activities and outside speakers. This enables the students to explore relevant issues in a way that suits all learning styles and enhances the students learning experience.

Personal Development is when the school combines PSHE (Personal, Social, Health Education), Citizenship, Careers and Learning to make sure we achieve our aim of promoting the spiritual, moral, social, cultural, mental and physical development of all students.

Our programme of study for Personal Development can be seen below and is also on our website:

Programme of Study for KS3

Programme of study for KS4

Delivery schedule for KS3

Delivery schedule for KS4

Personal Development is delivered **every week to the whole school** but it is also delivered in a number of other ways which can be seen below:

· The Duke of Edinburgh Award	· Combined Cadet Force
· Young Enterprise	· Wimbledon Tennis Championships
· Transition (PGL/summer school)	· Prince's Trust
· Extensive Extra-curricular programme	· Aspiration week
· PSHCE days	· Rewards (golden time/merit shop)
· Curriculum & extra-curricular trips	· ACE awards
· Jack Petchey Award	· Sports partnerships
· University partnerships	· Local charity partnerships



Southborough - 2015







