

Academic year 2016/17 delivery schedule

Year 10

Emotional and psychological health
Self Harm and Suicide
Eating Disorders - recognition and where to get help
Substance misuse and the impact on mental health and effects
How to protect yourself - STIs
Role of the girlfriend / boyfriend - society and media expectations
Sexuality
Respect faith - relationships and sexual activity
Recognise a healthy / abusive relationship
Teen sex and pregnancy
Pornography
British Values
Adapting skills and qualities for future employment
Work related learning - Aspirations week/PSHCE days
Assertiveness - taking control of your own problems
Gambling / risk taking and its consequences
Discrimination and stereotyping

Year 11

How to maximise chances for education or employment opportunities
Career opportunities and exploring requirements
Business and finance
Impact of drugs and alcohol on choices and sexual behaviour
Underage sex and / consequences
Exploitation - Trafficking
Cultural issues - FGM, Forced marriage
Sexual consent and the law
Exam organisation
Stress management
Resilience to substances
Legal highs and harmful effects
Risk taking behaviours and personal safety
Driving under the influence - Alcohol and drugs