



## MENU - WEEK ONE

### MONDAY

**MAIN MEALS:** Mac 'n' Cheese (v)  
Veggie Loaded Naan (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Quorn Fishless Finger Wrap with Sriracha Coleslaw

**DESSERT:** Vegan Chocolate and Kale Brownie

### TUESDAY

**MAIN MEALS:** Jerk Chicken with Rice and Peas  
Vegetable Biryani (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Grilled Chicken Ciabatta

**DESSERT:** Marble Berry Cake

### WEDNESDAY

**MAIN MEALS:** Roast Chicken with Roast Potatoes and Gravy  
BBQ Quorn Fillet with Roast Potatoes (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Chicken Wings with Wedges and Sweetcorn Salad

**DESSERT:** Fruit Shortbread

### THURSDAY

**MAIN MEALS:** Chicken Katsu Curry with Rice and Mixed Pepper Sriracha Slaw  
Chickpea and Spinach Curry with Naan (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Veggie Noodle Pot

**DESSERT:** Lemon Drizzle Cake

### FRIDAY

**MAIN MEALS:** Fish and Chips with Ketchup, Tartar or Curry Sauce  
Vegan Sausage Roll and Chips with Ketchup, Sriracha or Curry Sauce (v)

**VEG/SIDES:** Peas  
Baked Beans

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Fish Finger Bap and Chips with Ketchup or Tartar

**DESSERT:** Fruit Muffin

**AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.**

**ALLERGY INFORMATION AVAILABLE ON REQUEST.**



## MENU - WEEK TWO

### MONDAY

**MAIN MEALS:** Veggie Dirty Jackets (v)  
Bean and Cheese Burrito (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** 5 Bean Chilli Nachos

**DESSERT:** Chocolate Crispy Cake

### TUESDAY

**MAIN MEALS:** Lasagne with Garlic Ciabatta Bread  
Vegetable Spaghetti Bolognese (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Chicken Fajita

**DESSERT:** Flapjack

### WEDNESDAY

**MAIN MEALS:** Pork Sausages with Mashed Potatoes and Gravy  
Vegan Sausage Yorkshire with Mashed Potatoes and Gravy (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Sloppy Giuseppe Open Sandwich with Wedges

**DESSERT:** Autumnal Iced Loaf

### THURSDAY

**MAIN MEALS:** Chicken Naandoori with Asian Slaw  
Teriyaki Noodles (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Macaroni Cheese Pot

**DESSERT:** Banana Oat Bar

### FRIDAY

**MAIN MEALS:** Fish and Chips with Ketchup, Tartar or Curry Sauce  
Veggie Plait and Chips (v)

**VEG/SIDES:** Peas  
Baked Beans

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Fish Finger Bap and Chips with Ketchup or Tartar

**DESSERT:** Strawberry Mousse

**AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.**

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## MENU - WEEK THREE

### MONDAY

**MAIN MEALS:** Veggie Lasagne (v)  
Vegan Pad Thai (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** No Chicken Tikka Wrap

**DESSERT:** Carrot Cake

### TUESDAY

**MAIN MEALS:** Sweet Chilli Chicken Noodles  
Spicy Falafel and Hummus Wrap (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Beef Bolognese Pasta Pot

**DESSERT:** Apple Shortbread

### WEDNESDAY

**MAIN MEALS:** Roast Chicken with Roast Potatoes and Gravy  
Cheesy Baked Mediterranean Gnocchi (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Sausage Roll with Spicy Wedges and Slaw

**DESSERT:** Lime and Coconut Drizzle

### THURSDAY

**MAIN MEALS:** Chicken Jalfrezi with Rice  
Chickpea, Sweet Potato and Spinach Curry with Brown Rice (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** BBQ Chicken and Rice with Sriracha Slaw

**DESSERT:** Raspberry and Coconut Flapjack

### FRIDAY

**MAIN MEALS:** Fish and Chips with Ketchup, Tartar or Curry Sauce  
Chickpea Masala Samosa and Chips (v)

**VEG/SIDES:** Peas  
Baked Beans

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Fish Finger Tacos and Chips

**DESSERT:** Chocolate Custard Pot

**AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.**

**ALLERGY INFORMATION AVAILABLE ON REQUEST.**